



Friends of Pat Nichol Bursary

\$500 Award

The Friends of Pat Nichol Bursary is named in memory of coach, public speaker, and friend to all, Pat Nichol. As she said, “Pay attention when an idea, a question, or a thought keeps coming back. Listen to it, know that somewhere, somehow, something is suggesting there is a goal, a dream that needs to be acted upon ... our world needs your ideas, your dreams.”

This \$500 bursary is open to all Bridges participants and graduates. Funds can be used to support the recipient in their next steps towards self-sustaining goals, including employment, self-employment, or further education.

To apply, please fill out the application form with the following information:

- a) When you graduated from Bridges or if you are a current participant
- b) How you would use this bursary to support your goals
- c) Important steps you have taken on your path towards healing from trauma and gaining economic self-sufficiency
- d) The name and contact information for a reference who is familiar with your goals
- e) Your financial budget

The Friends of Pat Nichol Bursary will be awarded based on:

- a) A clear goal
- b) Financial need
- c) Commitment towards the completion of the proposed activity, demonstrated by a history of following through on previous goals set
- d) Lack of other available funding such as other bursaries, scholarships, grants

The bursary winner will be notified in mid June 2022 and bursaries will be awarded at the Bridges’ AGM on June 23, 2022.

Application deadline: June 6, 2022 at 2:00pm

Completed application forms can be emailed or scanned to info@bridgesforwomen.ca or dropped off at our office at 219-645 Fort Street.

Friends of Pat Nichol Bursary Application Form:



Due Monday, June 6, 2022, at 2:00pm

Name: _____ **Date:** _____

Address: _____

Phone Number(s) _____

Current Bridges' Participant? _____ **Bridges' Graduate** _____ **Graduation Year** _____

Please answer the following questions.

What is your overall goal towards self-sustainability?

What is the next step you need to take to work towards your goal?

How will this funding support you in your next step?



Please describe one or more important steps you have taken to improve your life, such as personal goals or objectives you set and achieved. (Hint: Do you have an Accomplishment Story or two you would like to share with the Bursary Selection Committee?)

Reference (Name): _____ Phone #: _____

or attach a letter of reference from someone who is familiar with your career or life goals



BUDGET FORM

Dear Bridges Participant or Grad,

Please complete the following information to the best of your ability. The purpose is to help us determine your level of need for this Bursary. If your proposed expenses are greater than the amount of this bursary (\$500) please indicate how you will cover the remaining funds.

Monthly Income

Source (From where?)	Amount?	
	\$	
	\$	Total Income:
	\$	\$

PROPOSED ACTIVITY-RELATED EXPENSES

Cost of Activity (tuition fees, dues, etc.)	\$	
Equipment / Materials (books, supplies, etc.)	\$	
Travel / transportation	\$	Total needed for this activity:
Other (Please specify)	\$	\$

Do you have dependants? If yes, how many?

Do you have any other sources of funding available to you?

If YES, what are your other sources of funding?

Signature: _____

Date: _____